

# Every 10 seconds...

## one person dies from diabetes-related complications<sup>1</sup>

### Type 2 diabetes is a chronic, life-long condition that can damage our bodies progressively

- Each year, 3.8 million deaths are linked directly to diabetes-related causes<sup>1</sup>

## MACROVASCULAR



The risk of stroke in newly treated type 2 diabetes is more than double that of the general population<sup>2</sup>



People with diabetes are two to four times more likely to have cardiovascular disease than someone without diabetes<sup>3</sup>

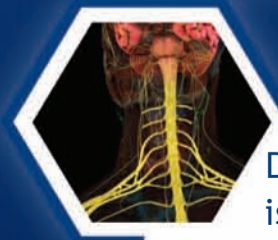
## MICROVASCULAR



Damage to the kidney filtering systems from diabetes (diabetic nephropathy) is a leading cause of kidney failure<sup>4</sup>



Microvascular damage to the retina from diabetes (diabetic retinopathy) is a leading cause of blindness<sup>5</sup>



Damage to the nerves from diabetes (diabetic neuropathy) is a leading cause of foot wounds and ulcers, which frequently leads to foot and leg amputation<sup>6</sup>



#### References:

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2. Jeerakathil T, Johnson JA, Simpson SH, Majumdar SR. Short-term risk for stroke is doubled in persons with newly treated type 2 diabetes compared with persons without diabetes. *Stroke*. 2007; 38(6):1739-43.
3. World Heart Foundation. Cardiovascular Risk Factors – Diabetes. [www.worldheart.org/cardiovascular-health/cardiovascular-disease-risk-factors/diabetes/](http://www.worldheart.org/cardiovascular-health/cardiovascular-disease-risk-factors/diabetes/). Accessed August 2009.
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5. Fong DS, Aiello LP, Ferris FL 3rd, Klein R. Diabetic retinopathy. *Diabetes Care*. 2004; 27(10):2540-53.
6. Dang CN, Boulton AJ. Changing perspectives in diabetic foot ulcer management. *Int J Low Extrem Wounds*. 2003; 2(1):4-12.